# Hanle effect in (In,Ga)As quantum dots: Role of nuclear spin fluctuations

M. S. Kuznetsova,<sup>1</sup> K. Flisinski,<sup>2</sup> I. Ya. Gerlovin,<sup>1</sup> I. V. Ignatiev,<sup>1</sup> K. V. Kavokin,<sup>1,3</sup> S. Yu. Verbin,<sup>1</sup> D. R. Yakovlev,<sup>2,3</sup>

D. Reuter,<sup>4</sup> A. D. Wieck,<sup>4</sup> and M. Bayer<sup>2</sup>

<sup>1</sup>Spin Optics Laboratory, St. Petersburg State University, 198504 St. Petersburg, Russia

<sup>2</sup>Experimentelle Physik 2, Technische Universität Dortmund, D-44221 Dortmund, Germany

<sup>3</sup>A. F. Ioffe Physical-Technical Institute, Russian Academy of Sciences, 194021 St. Petersburg, Russia

<sup>4</sup>Angewandte Festkörperphysik, Ruhr-Universität Bochum, D-44780 Bochum, Germany

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The role of nuclear spin fluctuations in the dynamic polarization of nuclear spins by electrons is investigated in (In,Ga)As/GaAs quantum dots. The photoluminescence polarization under circularly polarized optical pumping in transverse magnetic fields (Hanle effect) is studied. A weak additional magnetic field parallel to the optical axis is used to control the efficiency of nuclear spin cooling and the sign of nuclear spin temperature. The shape of the Hanle curve is drastically modified when changing this control field, as observed earlier in bulk semiconductors and quantum wells. However, the standard nuclear spin cooling theory, operating with the mean nuclear magnetic field (Overhauser field), fails to describe the experimental Hanle curves in a certain range of control fields. This controversy is resolved by taking into account the nuclear spin fluctuations owed to the finite number of nuclei in the quantum dot. We propose a model considering cooling of the nuclear spin system by electron spins experiencing fast vector precession in the random Overhauser fields of nuclear spin fluctuations. The model allows us to accurately describe the measured Hanle curves and to evaluate the parameters of the electron-nuclear spin system of the studied quantum dots.

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# I. INTRODUCTION

The hyperfine interaction of electron spins with the spins of lattice nuclei is able to create a considerable dynamic nuclear polarization (DNP) in semiconductors under optical pumping by circularly polarized light.<sup>1</sup> In this process, the angular momentum received by the electron from a photon is transferred to the nuclear spin system. In turn, the magnetic moment of polarized nuclei affects the electron spin as an effective magnetic field (Overhauser field), giving rise to splitting of electron spin states. Under conditions of strong optical pumping the splitting can reach tens of micro-eV so that the nuclear polarization becomes detectable via spectral shift by high-resolution optical spectroscopy.<sup>2–5</sup>

An alternative approach to detection of nuclear polarization, which does not require high spectral resolution, is to measure the electron polarization created by optical pumping in an external magnetic field. As the nonequilibrium electron spin polarization is in many cases magnetic field dependent, the Overhauser field can be detected using its effect on the mean electron spin, for example, by observing the associated changes in the circular polarization of photoluminescence (PL).<sup>1</sup> In a magnetic field parallel to the optical axis (longitudinal magnetic field), the nuclear polarization created by the pumping may influence the PL polarization by suppressing electron spin relaxation.<sup>1,5–7</sup> For optical pumping in a magnetic field perpendicular to the optical axis, the electron spin polarization is usually destroyed with increasing magnetic field (Hanle effect). In this case the Overhauser field modifies the width and shape of the dependence of the circular polarization of the PL on the magnetic field (Hanle curve), which can become nonmonotonous, and even hysteresis.<sup>1,5,8–15</sup>

The Hanle effect in the presence of nuclear spin polarization in bulk semiconductors and quantum wells has been theoretically treated in the model of mean Overhauser field, which has provided good qualitative and quantitative agreement with experimental data. The validity of the mean-field approach in these systems is justified by the fact that the correlation time  $\tau_c$  of the electron spin at the position of a certain nucleus is much shorter than the electron spin lifetime  $T_s$ . Indeed, electrons localized at shallow impurity centers or structural imperfections rapidly lose their spin polarization to other localized or itinerant electrons via exchange scattering;<sup>16,17</sup> as this process is spin conserving, the mean polarization of the entire electron ensemble lives over a much longer time scale determined by spin-orbit or hyperfine interactions. As a result, the fluctuations of the Overhauser field  $B_N$  are effectively averaged out and give rise only to the electron spin relaxation, which is in this case exponential, with the decrement  $\tau_s^{-1} =$  $\gamma_e^2 \langle \langle B_N^2 \rangle - \langle B_N \rangle^2 \tau_c$ , where  $\gamma_e$  is the electron gyromagnetic ratio.<sup>1</sup> This approach, called approximation of short correlation time,<sup>8</sup> often fails in quantum dots (QDs), where electron states are strongly localized and effectively isolated from all the other electrons. In this case, the electron spin is exposed to a virtually static nuclear spin fluctuation (NSF)<sup>18-22</sup> during its entire lifetime (note that the correlation time of nuclear spins, which is of the order of their transverse relaxation time  $T_2 \approx 10^{-4}$ s, is orders of magnitude longer than typical electron spin lifetimes). The Larmor precession of the electron spin in the fluctuating nuclear field was predicted to result in a specific nonexponential pattern of electron spin decay,<sup>19</sup> which was subsequently experimentally observed.<sup>23</sup> The influence of NSF on the evolution of the regular Overhauser field and, eventually, on the Hanle effect under dynamic polarization of nuclear spins has so far not been studied experimentally.

In this paper, we report on detailed measurements of the Hanle effect in (In,Ga)As/GaAs QDs in the weak-field range (0-20 mT field strength), where the effect of the NSF is expected to be the strongest. We have measured a set of

Hanle curves under optical excitation of moderate intensity and at different strengths of an additional magnetic field applied along the optical axis (longitudinal magnetic field). The experimental Hanle curves are compared with the results of calculations using two models, one including NSF and the other one taking into account only mean Overhauser fields. In both theories, the mean Overhauser field has been calculated within the spin temperature approach.<sup>1</sup> Our analysis shows that the mean-field model fails to describe the features of the Hanle curve around zero transversal field, where the so-called W structure appears in a certain range of longitudinal fields  $B_z$ . The model including NSF, on the other hand, yields good fits of the experimental data, with a reasonable choice of parameters, for all experimental conditions except for the exact compensation of the Knight field with  $B_z$ . In the latter case, nuclear quadrupole effects due to strain in the QDs probably play the dominant role.

### **II. EXPERIMENTAL DETAILS**

A heterostructure containing 20 layers of self-assembled (In,Ga)As/GaAs QDs separated by Si- $\delta$ -doped GaAs barriers was studied. The heterostructure was annealed at temperature  $T_A = 980$  °C, which resulted in the considerable decrease of mechanical stress in the QDs and in enlarging the localization volume for resident electrons due to interdiffusion of Ga and In atoms.

The sample was immersed in liquid helium at a temperature T = 1.8 K in a cryostat with a superconducting magnet. Magnetic fields up to 100 mT were applied perpendicular to the optical axis (Voigt geometry) along to the [110] crystallographic direction of the sample. To create an additional magnetic field, perpendicular to the main magnetic field and parallel to the optical axis, a pair of small Helmholtz coils was installed outside the cryostat.

The PL of the sample is excited by circularly polarized light from a continuous-wave Ti:sapphire laser, with the photon energy tuned to the optical transitions in the wetting layer of the sample. The degree of circular polarization of the PL is detected by a standard method using a photoelastic modulator and an analyzer (a Glan-Thompson prism). The modulator creates a time-dependent phase difference,  $\Delta \varphi =$  $(\pi/4)\sin(2\pi ft)$ , between the linear components of the PL, thus converting each of the circular components ( $\sigma^+$  and  $\sigma^{-}$ ) into linear ones (x and y) at frequency f = 50 kHz. The analyzer selects one of the linear components, which was dispersed with a 0.5-m monochromator and detected by an avalanche photodiode. The signal from the photodiode was accumulated for each circular component separately in a two-channel photon-counting system. The PL polarization was recorded at the wavelength corresponding to the maximum of the PL band of the sample. Typical polarization-resolved PL spectra for the sample under study are shown in Fig. 1(a). A detailed description of these spectra can be found in Refs. 12 and 24.

The degree of PL polarization of the QDs is negative; i.e., the PL is predominately  $\sigma^-$  polarized for  $\sigma^+$ -polarized excitation. The mechanism of negative circular polarization (NCP) has been extensively discussed in Refs. 25–27, where it was shown that the presence of NCP is the result of optical



FIG. 1. (Color online) (a) The spectra of circularly crosspolarized (solid blue line) and copolarized (dashed red line) PL relative to polarization of excitation and the PL polarization degree for (In,Ga)As/GaAs QDs (black curve). (b) Overall shape of Hanle curves measured at different longitudinal magnetic fields  $B_z$  indicated at each curve. The inset shows the configuration of the experiment.

orientation of the resident electrons provided by ionization of donors outside the QDs (the doping level of our structure corresponds to one resident electron per QD on average). The amplitude of NCP is proportional to the projection of electron spin onto the optical axis z, averaged over the QD ensemble,<sup>13</sup>

$$A_{\rm NCP} \sim 2 \left< S_z \right>. \tag{1}$$

The amplitude of the central peak increases with rising excitation power at relatively low excitation levels. A further rise of the power results in saturation of the peak amplitude, which indicates a high level of electron spin polarization. The pump powers used in our experiments were sufficient to totally polarize the electron spin.

In this paper we use the absolute value of NCP as a measure of the electron spin orientation. We studied the dependence of PL polarization on magnetic field applied perpendicular to the optical axis. The central part of the Hanle curve, where the W-like structure is observed, was studied most carefully to understand the role of the Knight field in the optical orientation of nuclear spins. In particular, modifications of the W structure under application of small magnetic fields parallel to the optical axis were studied.

#### **III. EXPERIMENTAL RESULTS**

The general form of Hanle curves measured in the absence of longitudinal magnetic fields  $B_z$  as well as in the presence



FIG. 2. (Color online) Comparison of Hanle curves calculated in the framework of the standard cooling model (solid lines) with the experimental data (points) for (a) positive and (b) negative longitudinal external fields  $B_z$ . Values of  $B_z$  are given for each curve.

of small  $B_z$  are shown in Fig. 1(b). Each curve shows the pronounced W structure consisting of the narrow central peak and two maxima positioned symmetrically relative to the peak. Application of  $B_z$  considerably affected the shape of the Hanle curve.

Namely, the central-peak width increases with  $B_z$  irrespective of its sign. At the same time, the width of the Hanle curve significantly drops when  $B_z$  is changed from -3 to +3 mT. This difference in behavior of the Hanle curve and its central peak is an indication that they are controlled by different components of the hyperfine interaction. According to Ref. 1, the width of the central peak and the shape of the W structure are determined by the dynamic nuclear polarization, creating an effective field parallel to the external magnetic field. The large width of the Hanle curve is due to partial stabilization of the electron spin orientation along the optical axis by the longitudinal component of the effective nuclear field of quadrupole-split nuclear spin states.<sup>28,29</sup> The analysis of this effect and the variation of the Hanle curve width with  $B_{z}$  requires a separate study; we consider hereafter only the behavior of the central part of the Hanle curve.

The effect of longitudinal magnetic fields, ranging from -20 to +20 mT, on the Hanle curve is shown in Fig. 2. The experiment shows that application of a positive  $B_z$  is accompanied by a monotonous increase of the width of the central peak and of the dips near the peak. The depth of the dips remains almost unchanged. At negative  $B_z$ , the behavior of the dips is not monotonous. The change of  $B_z$  from 0 to -1 mT results in almost total disappearance of the dips without noticeable change of their width. A further increase of the  $B_z$  value to -2 mT leads to the increase of both depth and width of the dips.

### **IV. ANALYSIS**

#### A. Standard model for nuclear spin cooling

The electron spin orientation maintained by optical excitation is the source of a continuous flux of angular momentum into the nuclear spin system. The nuclear spin-cooling model<sup>1,8,9,30</sup> is based on the fact that nuclear spin orientation along the magnetic field changes the Zeeman energy of nuclear spins. As distinct from the nonequilibrium angular momentum, which decays on the time scale of hundreds of microseconds because of nuclear dipole-dipole interaction, the energy of the nuclear spin system conserves during the spin-lattice relaxation time, which is orders of magnitude longer. Because of strongly disparate time scales of spin-spin and spin-lattice relaxation, the nuclear spin system comes to a quasiequilibrium state described by an effective temperature.<sup>31</sup>

Lowering the spin temperature corresponds to a considerable magnetization along the magnetic field or opposite to it (depending on the sign of the spin temperature), which gives rise to the Overhauser field acting on the electron spin. The Overhauser field is parallel or antiparallel to the nuclear spin, depending on the sign of the electron g factor. In particular, it is antiparallel for the negative sign of  $g_e$ ,<sup>1</sup> as in our case. The effective magnetic field, to which nuclei are subjected in our experiment, is the sum of the external magnetic field and of the Knight field created by spin-polarized electrons. Thus the dynamics of electron spin is determined by the joint action of the external and nuclear fields, while the dynamics of the nuclear polarization depends, in turn, on the electron spin through the Knight field. It is essential that the efficiency of nuclear spin cooling is proportional to the scalar product of the electron spin times the total field acting on the nuclei. When the external magnetic field is strictly perpendicular to the optical axis, the nuclear spin cooling occurs only due to the Knight field.

The above consideration allows one to derive a system of coupled equations for the electron spin and the effective field of nuclear polarization acting on the electron. According to Ref. 1, the system can be represented in the form

$$\mathbf{S} - \mathbf{S}_0 = \left(\mathbf{B}_{\text{tot}}^{(e)} \cdot \mathbf{S}\right) / B_{1/2},\tag{2}$$

$$\mathbf{B}_{N} = \mathbf{B}_{\text{tot}}^{(N)} \beta b_{N} \frac{(I+1)\mu}{3} = \mathbf{B}_{\text{tot}}^{(N)} \frac{b_{N} \left( \mathbf{B}_{\text{tot}}^{(N)} \cdot \mathbf{S}_{\parallel} \right)}{\left( B_{\text{tot}}^{(N)} \right)^{2} + \xi B_{L}^{2}} \frac{4I(I+1)}{3},$$
(2')

where  $\mathbf{B}_{tot}^{(e)} = \mathbf{B} + \mathbf{B}_N$  is the sum of external and nuclear fields acting on the electron spin,  $B_{1/2} = \pi/(\mu_B g_e T_e)$  is the half width of the Hanle curve in the absence of nuclear field  $(g_e, \mu_B, \text{ and } T_e$  are the electron g factor, the Bohr magneton, and the electron spin lifetime, respectively),  $\mathbf{B}_{tot}^{(N)} = \mathbf{B} + \mathbf{B}_e$  is the sum of the external magnetic field and of the Knight field acting on the nuclear spin from the electron,  $\beta$  is the reciprocal temperature of the nuclear spin system, and parameter  $b_N$  is the effective field of totally polarized nuclei affecting the electron spin. The magnitude of  $b_N$  is determined by the properties of the particular electron-nuclear spin system and should not depend on external conditions. The term  $\xi B_L^2$  describes the interaction between nuclear spins causing the relaxation of nuclear polarization, where  $B_L$  is the local field, which the nuclear spin "feels" from its neighbors.

Solution of these equations yields a cubic equation for the average projection of electron spin onto the direction of observation. This equation for the case when magnetic field  $B_x$ is perpendicular to the optical axis is given in Ref. 1. Simple generalization of the equation is possible for the case when an additional magnetic field  $B_z$  directed along the optical axis is present:

$$S_z \left( 1 + \frac{K^2}{B_{1/2}^2} B_x^2 \right) - S_0 \left( 1 + \frac{K^2}{B_{1/2}^2} B_z^2 \right) = 0, \qquad (2'')$$

where

$$K = 1 + \frac{S_0 B_z + b_e S_0 S_z}{B_x^2 + 2b_e S_0 B_z + b_e^2 S_0 S_z + \xi B_L^2}$$

In the above equations  $S_0$  is the initial electron spin orientation created by excitation, and  $S_z$  is the *z* projection of the electron spin averaged over time.

To model the experimentally measured Hanle curve, we have numerically solved Eq. (2') and obtained  $S_z$  as a function of the transverse magnetic field  $B_x$  for different values of the longitudinal magnetic field  $B_z$  in the range from -3 to +3 mT. The following values of the other parameters were used in the calculations:  $S_0 = 1/2$ ,  $B_{1/2} = 60$  mT,  $B_L = 0.3$  mT, and  $b_e = 2.0$  mT. Most of them approximately correspond to our experimental conditions and the properties of the sample studied. The exception is the value of  $B_{1/2}$  extracted from the experimentally measured width of the Hanle curve. It corresponds to the electron spin life time  $T_e$ , of the order of  $10^{-10}$  s, which is several orders of magnitude smaller than the real value in the structures of this type (see, for example, Ref. 32).

Examples of the calculated dependences are shown in Fig. 2. They indeed demonstrate behaviors similar to the measured Hanle curves. This is in particular true for positive  $B_z$  [see Fig. 2(a)], which, for the helicity of excitation used in our experiments, is codirected to the Knight field. The analysis shows that the effective nuclear field in this case is codirected to the external magnetic field and thus "amplifies" it. This amplification results in a gradual decrease of spin polarization and, correspondingly, of PL polarization beyond the central peak with rising  $B_z$ , as seen both from the calculations and from the measured curves.

When  $B_z$  is negative, the effective field is antiparallel to the Knight field,  $B_e = S_0 b_e$ . If  $B_z = -B_e$ , the compensation of

the longitudinal component of total field occurs. According to Refs. 1 and 9, nuclear spin cooling is not possible in this case. This should result in the disappearance of the W structure, as it is indeed seen in Fig. 2(b) for the Hanle curve calculated for  $B_z = -1$  mT. At more negative  $B_z$ , the W structure appears again, but the additional maxima run away from the central peak with increasing  $|B_z|$ , maintaining the same amplitude as the central peak. This behavior of the calculated Hanle curves is explained by the fact that in this case the nuclear field is directed against the total effective magnetic field affecting the nuclei. The x component of the nuclear field  $B_{Nx}$  is compensated by the transverse magnetic field  $B_x$  at some magnitude of  $B_x$ , giving rise to the additional maxima. The efficiency of the nuclear-spin pumping increases with the increase of  $|B_z|$ . As a result,  $B_{Nx}$  increases, and the positions of the compensation points where  $B_{Nx} + B_x = 0$  are shifted to larger  $|B_x|$ .

These numerical results, however, are in strong contradiction to our experimental observations; see Fig. 2(b). The central peak of the measured Hanle curves is higher than the other parts of the Hanle curve at any negative  $B_z$ . We want to stress that the disagreement between the theory and the experiment cannot be eliminated for any set of values of the adjustable parameters. Therefore this contradiction is of principal importance and indicates that the model of mean nuclear field ignores some mechanism causing depolarization of the electron spin at nonzero transverse magnetic field, including points where it is totally compensated by the nuclear field. The discrepancy is evident also from the unrealistically large value of  $B_{1/2}$  needed to fit, at least partly, the experimental Hanle curves within the mean-field model.

## B. Effect of nuclear spin fluctuations

To extend the standard cooling model in order to account for the effects of NSF, we suppose that the effective nuclear field consists of a regular component,  $\mathbf{B}_N$ , created by the nuclear polarization, and a fluctuating component,  $\mathbf{B}_{f}$ , appearing due to the random orientation of the limited number of nuclear spins interacting with the electron spin.<sup>18</sup> The estimates given in Refs. 10 and 33 for similar QDs show that the average magnitude of the fluctuating nuclear field is of the order of tens of milliteslas. The frequency of electron spin precession about the field is orders of magnitude larger than the rate of relaxation of the electron spin  $T_e$ . Therefore the width of the Hanle curve is determined by the fluctuating nuclear field rather than by electron spin relaxation. This allowed us to fit the experimental curves without using nonrealistic values of  $T_e$ as was done in the previous paragraph. Due to fast precession only the projection of electron spin onto the field is conserved. The magnitude and the direction of the fluctuating field are randomly distributed in the QD ensemble. In the absence of other fields, such as the external magnetic field and the field of nuclear polarization, the depolarization of the electron spin by the fluctuating field reduces the observable z component of spin polarization to 1/3 of its initial value.<sup>19,33</sup>

An effective optical pumping can create a dynamic nuclear polarization, whose magnitude can considerably exceed the nuclear spin fluctuations. If the transverse magnetic field is zero, the effective field of nuclear polarization is directed along the optical axis and is able to suppress the effect of NSF. This results in the increased amplitude of the central peak of the Hanle curve. Experiments show<sup>13,34</sup> that the PL polarization at zero transverse magnetic field can reach 50% or even more. When  $B_x \neq 0$ , the nuclear polarization deviates from the optical axis, and its *z* component decreases, so that the NSF can reduce the electron spin polarization. In particular, the electron spin polarization at the point of mutual compensation of the external field and the field of nuclear polarization is smaller than the polarization at zero  $B_x$ . This qualitative consideration explains the small amplitudes of the additional maxima of the Hanle curves, which cannot be explained by the mean-field model.

In order to include NSF in the theory, we use the fact that the buildup time of the nuclear polarization is much longer than the correlation time of the nuclear spin fluctuation ( $\approx T_2$ ), which is, in turn, orders of magnitude longer than the electron spin lifetime. For this reason, the nuclear spin temperature can be calculated using the value of the electron mean spin averaged over possible realizations of the NSF, while each NSF realization can be considered "frozen" (i.e., the evolution of nuclear spin during the electron spin lifetime can be neglected).<sup>19</sup> The dependence of the average electron spin polarization on the transverse external magnetic field within this approximation is a bell-like curve, which can be well fitted by a Lorentzian:

$$\rho(B_x) \approx \frac{\langle B_{fz}^2 \rangle}{B^2 + \langle B_f^2 \rangle}.$$
(3)

Here  $\langle B_f^2 \rangle = \langle B_{fx}^2 \rangle + \langle B_{fy}^2 \rangle + \langle B_{fz}^2 \rangle$ , where  $\langle B_{f\alpha}^2 \rangle$  is the squared  $\alpha$  component ( $\alpha = x, y, z$ ) of the NSF averaged over the QD ensemble. Equation (3) has a simple geometrical interpretation. In each QD with realization of a particular fluctuating field  $\mathbf{B}_f$ , only the projection of the electron spin onto the total field,  $\mathbf{B}_{tot}^{(e)} = \mathbf{B}_x + \mathbf{B}_f$ , survives:  $S_{\parallel} = S_0 \cos \varphi$ , where  $\varphi$  is the angle between the vector  $\mathbf{B}_{tot}^{(e)}$  and the *z* direction. The experimentally observable quantity  $\rho(B_x)$  is proportional to the *z* projection of the electron spin,  $S_z = S_{\parallel} \cos \varphi = S_0 \cos^2 \varphi$ , where  $S_0 = 1/2$ . It is obvious that in such conditions  $\cos^2 \varphi = B_{fz}^2/(B_{tot}^{(e)})^2$ . Averaging over the QD ensemble gives rise to Eq. (3) if we neglect the correlations of the quantities in the numerator and the denominator of this equation.

Some generalization of Eq. (3) is required to describe electron spin polarization under our experimental conditions. We need to take into account the regular nuclear field  $\mathbf{B}_N$  with nonzero components  $B_{Nx}$  and  $B_{Nz}$  created by the dynamic polarization of nuclei. Similar to the standard mean-field model, we assume for simplicity that the electron density is homogeneously distributed over the nuclei (the so-called box model approximation),<sup>35</sup> which allows us to neglect the spatial variation of the Knight field. Also, since we consider weak magnetic fields, we describe all the nuclear species with a single spin temperature.<sup>1</sup> Since the effective field of nuclear polarization has a certain direction (in contrast to the NSF field) its components are either added to or subtracted from the respective components of the external magnetic field, depending on the experimental conditions. In addition, in our experiments, the external magnetic field has not only the transverse component but also some longitudinal one. For this case we can write down the following expressions for the *z* and *x* components of the averaged electron spin  $S_{\parallel}$ :

$$S_{z} = S_{0} \frac{(B_{z} + B_{Nz})^{2} + \langle B_{fz}^{2} \rangle}{(B_{x} + B_{Nx})^{2} + (B_{z} + B_{Nz})^{2} + \langle B_{f}^{2} \rangle}, \qquad (4)$$

$$S_x = S_0 \frac{(B_z + B_{Nz})(B_x + B_{Nx})}{(B_x + B_{Nx})^2 + (B_z + B_{Nz})^2 + \langle B_f^2 \rangle}.$$
 (4')

Here we assume that the regular nuclear field  $\mathbf{B}_N$  is directed along the total effective field  $\mathbf{B}_{tot}^{(N)}$  acting on the nuclei, which consists of the external magnetic field  $\mathbf{B}_x + \mathbf{B}_z$  and the Knight field  $\mathbf{B}_e = b_e \mathbf{S}_{\parallel}$ , created by hyperfine interaction with the electron spin. As done in the previous paragraph, the nuclear field  $\mathbf{B}_N$  is determined by Eq. (2').

The above equation allows one to obtain the following expressions for the x and z components of the nuclear field:

$$B_{Nx} = (B_x + b_e S_x) \times \frac{b_N (B_z S_z + B_x S_x + b_e S_x^2 + b_e S_z^2)}{(B_x + b_e S_x)^2 + (B_z + b_e S_z)^2 + \xi B_L^2} \frac{4(I+1)}{3}, \quad (5)$$
$$B_{Nz} = (B_z + b_e S_z) \times \frac{b_N (B_z S_z + B_x S_x + b_e S_x^2 + b_e S_z^2)}{(B_x + b_e S_x)^2 + (B_z + b_e S_z)^2 + \xi B_L^2} \frac{4(I+1)}{3}. \quad (5')$$

The coefficient  $b_e$  is given, in principle, by<sup>1</sup>  $b_e = -(16\pi/3)\mu_B\zeta^2$ , where  $\mu_B$  is the Bohr magneton and  $\zeta$  is the electron density on a nuclear site. The negative sign means that the direction of the Knight field is *opposite* to that of the electron spin. Because the electron density is dependent on the QD size, which can sufficiently vary from dot to dot, the value of  $\zeta$  is unknown *a priori*.

Equations (4), (4'), (5), and (5') contain the Cartesian components of the electron spin and of the dynamic nuclear polarization as unknown quantities. We found them by numerical solution of these equations for transverse magnetic fields in the range from -20 to +20 mT and for the several values of the longitudinal magnetic field used in experiment.

In the calculations, the coefficient  $b_e$  has been chosen such that the Knight field compensates the z component of the magnetic field at the point where the dips near the central peak of the Hanle curve disappear (see Fig. 3). The quantities  $b_N$ ,  $B_{fz}$ , and  $\xi B_L^2$  were considered fitting parameters and varied to get the best correspondence with the experimentally obtained Hanle curves. To compare the calculated results with experimental data we multiplied the calculated values of  $S_{\tau}$  by a factor  $\alpha$ , which takes into account the reduced magnitude of PL polarization. This reduction is presumably due to the fact that some QDs are charge neutral and their PL is nonpolarized.  $\alpha = 0.2 \pm 0.02$  for curves measured at negative  $B_z$  and 0.16  $\pm$  0.01 for positive values of  $B_z$ . The latter curves were measured at a slightly lower power of excitation. The possible reason for the pump-power dependence of  $\alpha$  is the creation of photoinduced electrons, which slightly change the fraction of charged QDs.



FIG. 3. (Color online) Experimentally measured Hanle curves (noisy lines) and results of calculations taking into account the NSF (smooth solid lines) for (a) negative and (b) positive longitudinal external fields  $B_z$ . Values of  $B_z$  are given near each curve. The inset shows the central parts of experimental and calculated Hanle curves in the case of mutual compensation of  $B_z$  and  $B_e$ . The fitting parameters are  $b_N = 400$  mT,  $\sqrt{\langle B_f^2 \rangle} = 25$  mT,  $b_e = 2$  mT.

We should note that Eqs. (4), (4'), (5), and (5') are interconnected cubic equations. Their solution is unstable in the most general case, complicating the determination of fitting parameters. To simplify the calculations, we performed them in two steps. In the first one, we excluded the *x* component of electron spin from the equations because it weakly affects the nuclear polarization. In addition, we neglected the small difference in orientation of effective fields  $\mathbf{B}_{tot}^{(e)}$  and  $\mathbf{B}_{tot}^{(N)}$  and

also introduced a fitting parameter:

$$b'_{N} = \frac{b_{N} (B_{\text{tot}}^{(N)})^{2}}{(B_{\text{tot}}^{(N)})^{2} + \xi B_{I}^{2}},$$
(6)

which characterizes the real nuclear field acting on the electron spin. This reduces the system of equations to one equation of fifth order for  $S_z$ :

$$\rho = \frac{S_z}{S_0} = \frac{2B_{ez}}{b_e}$$

$$= \frac{\left[B_z B_x^2 + (B_z - S_0 b_N')(B_{ez} + B_z)^2\right]^2 + \langle B_{fz}^2 \rangle \left[B_x^2 + (B_{ez} + B_z)^2\right]}{B_x^2 \left[B_x^2 + (B_{ez} + B_z)^2 - S_0 b_N'(B_{ez} + B_z)\right]^2 + \left[B_z B_x^2 + (B_z - S_0 b_N')(B_{ez} + B_z)^2\right]^2 + \langle B_f^2 \rangle \left[B_x^2 + (B_{ez} + B_z)^2\right]}.$$
(7)

We solved Eq. (7) numerically, which allowed us to determine the range of possible values for quantities  $b_N$  and  $B_{fz}$ . In the second step, we solved the whole system of Eqs. (4), (4'), (5), and (5') and used their real roots for modeling the Hanle curves, slightly varying the fitting parameters determined in the first step. We find that the best coincidence with the experimental data is achieved with virtually the same values of  $b_N$  and  $B_{fz}$ as in the first step of the fitting.

Examples of the calculated Hanle curves are shown in Fig. 3. As seen there, reasonable agreement between calculated and measured curves is observed for positive as well as for negative  $B_z$ . Some deviations from the experiment occur for magnetic fields  $B_z$  in the range from -0.5 to -1 mT, where the theoretically calculated amplitude of the central peak is considerably smaller than the one observed experimentally (see inset in Fig. 3). The strong decrease of the peak amplitude obtained in the calculations is due to the depolarization

of the electron spin by the nuclear spin fluctuations, when the longitudinal component of total field disappears and the nuclear field does not build up. Experiments also show a decrease of the central peak of about 20%, which is, however, significantly smaller than the one predicted theoretically. A possible reason for this discrepancy between the theory and the experiment could be related to the spread of Knight fields in the QD ensemble, which is ignored in the theory. Another possible reason is the polarization of quadrupole-split nuclear spin states, which can stabilize the electron spin polarization.<sup>28</sup> Further study is needed to clarify this problem.

The results of the calculations allow us to conclude that the effect of nuclear spin fluctuations is indeed important for the QDs under study. The good agreement between theory and experiment for the whole range of  $B_z$  (with the only exception mentioned above) allows us to consider in more detail the physical meaning of the parameters obtained



FIG. 4. (Color online) Evolution (a) of Knight field  $B_e$  and (b) of nuclear field  $B_N$  at  $B_z = 0$  under changing external magnetic field  $B_x$ . Values of  $B_x$  (in mT) are given for some curves (points at the trajectories). The step between points is not constant. Arrows show respective  $\mathbf{B}_e$  and  $\mathbf{B}_N$  vectors.

from the fitting and their dependence on the longitudinal magnetic field.

We find that the NSF amplitude  $\sqrt{\langle B_f^2 \rangle}$  can be chosen close to 25 mT for all the Hanle curves measured at various longitudinal magnetic fields. This value is somewhat larger than the one obtained in another experiment with similar QDs.<sup>13</sup> A possible reason for this overestimation of the NSF amplitude is the increase of the wings of the Hanle curves due to polarization of quadrupole–split nuclear spin states, which becomes noticeable at magnetic fields  $|B_x| \sim 20$  mT and larger.<sup>24</sup> By adding this polarization phenomenologically into the model, we were able to reduce the calculated NSF amplitude. We ignore here the quadrupole effects to avoid a complication of the analysis.

We have also verified the validity of the assumption of an isotropic distribution of NSF by replacing  $\langle B_{fz}^2 \rangle \rightarrow \beta \langle B_{fz}^2 \rangle$  in the numerator of Eq. (7) and optimizing the factor  $\beta$ . The optimal value of  $\beta$  was found to be in the range from 1.2 to 1.4. We suppose that some asymmetry of the distribution of nuclear spin fluctuations can also be due to the quadrupole stabilization of nuclear spins along the growth axis.

The good overall correspondence of the simulated and measured Hanle curves confirms the validity of the model developed. In the framework of this model, we can get a clear idea about the vector representation of the time-averaged electron spin and nuclear polarization in the system under study. Figure 4 schematically shows the evolution of the respective vectors under variation of the transverse magnetic field  $B_x$  and for zero longitudinal field. For uniformity, the electron spin and the nuclear polarization are presented as effective fields,  $B_e$  and  $B_N$ , respectively. The diagrams are shown only for positive values of  $B_x$ . For negative  $B_x$ , the *x* components of vectors  $B_e$  and  $B_N$  are negative so that the diagrams are symmetrical relative to the vertical axes.

The nuclear field at zero  $B_x$  is controlled only by the Knight field, which is directed along the z axis. When a

small transverse magnetic field,  $B_x \ll B_e$ , is applied, the nuclear field deviates from the *z* axis, so that its *x* component becomes orders of magnitude larger than the magnetic field  $B_x$ . For example,  $B_{Nx} \approx 50$  mT at  $B_x = 0.1$  mT; see Fig. 4(b). This is a clear illustration of the "amplification" of the external magnetic field by the nuclear field.<sup>1</sup> The electron spin polarization follows the nuclear field, which becomes quickly tilted with magnetic field and depolarizes the electron spin. This behavior of the electron spin explains the small width of the central peak of the Hanle curve. For a further increase of the magnetic field, the magnitude of the nuclear field rapidly drops so that  $|\mathbf{B}_N| \leq |\mathbf{B}_x|$  at  $B_x \geq 10$  mT.

Application of a longitudinal magnetic field with a magnitude larger than that of the Knight field significantly changes the behavior of the electron and nuclear polarizations, as demonstrated in Fig. 5 for  $|B_z| = 2$  mT. An increase of the transverse magnetic field  $B_x$  is accompanied by inclination and reduction of the Knight field; however, the reduction is not as fast as at  $B_z = 0$ . The direction of the Knight field inclination depends on the sign of the longitudinal magnetic field; see Figs. 5(a) and 5(b). The nuclear field  $\mathbf{B}_N$  is directed along the z axis at zero transverse magnetic field and has the maximal value  $B_N = b_N S_0 = 200$  mT at positive  $B_z$  when the Knight



FIG. 5. (Color online) Evolution of (a) and (b) the electron and (c) and (d) nuclear fields for application of negative [(a) and (c)] and positive [(b) and (d)] longitudinal magnetic fields with relatively large magnitudes. Similar to Fig. 4 the diagrams are shown only for positive  $B_x$ .

field and the longitudinal magnetic field add up [Fig. 5(d)]. At opposite (negative) sign of  $B_z$  when the fields are subtracted from each other, the total effective field acting on the nuclei is smaller, which results in some reduction of the nuclear polarization [Fig. 5(c)]. The direction of inclination of the nuclear field is also dependent on the sign of  $B_z$ . In particular, the *x* component of the nuclear field is negative at negative  $B_z$ , so that compensation of the transverse magnetic field occurs at  $B_x \approx 10$  mT. This compensation results in partial restoration of the electron spin polarization and its reorientation again along the *z* axis; see Fig. 5(a). The decrease of the magnitude of the Knight field relative of its initial value at  $B_x = 0$  mT is the effect of the nuclear spin fluctuations, as discussed above.

# V. CONCLUSION

The experimental study of electron spin polarization in singly charged (In,Ga)As/GaAs QDs as a function of an applied transverse magnetic field for simultaneously applied small longitudinal magnetic field highlights a number of specific features of the hyperfine interaction in these systems. The analysis of experimental data has confirmed the prediction of Ref. 19 about the significant influence of nuclear spin fluctuations on the electron spin orientation due to strong localization of the electron in QDs. The observed behavior is considerably different from that in extended semiconductor alloys studied in many works,<sup>1</sup> in which the electron density is spread out over a huge number of nuclei and the effect of the NSF, as a rule, is negligibly small. The analysis allows us to evaluate the maximal value of the effective field of nuclear polarization created in studied quantum dots by optical pumping to be about 200 mT. We have also found that the effective field acting on the nuclei from the electron spin (Knight field) in the sample under study is near 1 mT when the electron spin is almost fully oriented.

We have restricted our analysis to the range of transverse magnetic fields  $|B_x| < 20$  mT (see Figs. 2) for two reasons: (i) the effect of the NSF is most prominent in this range, and (ii) the effect of the quadrupole splitting of the nuclear spin states is small. However, the results of our calculations show that the quadrupole effect cannot be totally ignored. In particular, it may be responsible for an anisotropy of the nuclear spin fluctuations and a rise of the wings of the Hanle curve. Another possible manifestation of the quadrupole effect is the relatively large amplitude of the central peak for mutual compensation of the Knight field and the *z* component of the external magnetic field.

The consideration of the NSF field has allowed us to quantitatively describe the Hanle curves in the range of relatively small external field and to evaluate random and regular nuclear fields acting on the electron. We have also found that the magnitude of the nuclear polarization obtained from the simplified analysis based on neglecting the transverse component of the Knight field gives rise to almost the same result as the exact calculation. Therefore the simplified model can be useful for an express analysis of the experimentally measured Hanle curves.

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